## Dishes and their allergen content

## Week 1

Dishes					D.	Lupin Flour	Milk		MUSTARD					San Wine
Monday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts <sup>†</sup>	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Sausage in a roll		<b>√</b>										✓	<b>√</b>	✓
Vegan sausage in a roll		<b>√</b>										<b>√</b>		
Strawberry mousse							<b>√</b>							
Yoghurt							✓							
Fruit														
GF/DF:Sau sage in a roll				✓										<b>√</b>
GF/DF:Ch ocolate pot													<b>~</b>	
Vegan:Quo rn sausage in a roll		<b>√</b>										<b>√</b>		
Vegan:Cho colate pot													<b>&gt;</b>	
Jacket and cheese							<b>√</b>							

Potatoes								
Vegetables								
Cheese for jackets				✓				
Roll for sausages	<b>√</b>						<b>√</b>	
Gluten free roll for sausage		<b>√</b>						
Bread	✓							
Packed lunches	<b>√</b>			<b>√</b>			✓	

Dishes						Lupin Flour	Milk		MUSTARD			MSAM		Gaer WNE
Tuesday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts <sup>†</sup>	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken goujons		<b>√</b>												
Vegetable nuggets		<b>✓</b>												
Choc fruit pudding and custard		<b>√</b>		<b>√</b>			<b>√</b>						<b>√</b>	

Yoghurt					<b>√</b>				
Fruit									
GF/DF:Chi cken nuggets									
GF/DF:Frui t cookie									<b>✓</b>
Vegan:Veg etable nuggets		<b>√</b>							
Vegan:Frui t cookie									✓
Jacket and beans									
Pasta salad		<b>√</b>			<b>√</b>				
Saute potatoes for GDF/Vega n									
Vegetables									
Salad	✓								
Beans for jackets									
Chocolate custard		<b>√</b>	✓		✓			✓	

Bread	✓							
Packed lunches	<b>✓</b>			<b>√</b>			<b>✓</b>	

Dishes						Lupin Flour	Milk		MUSTARD			WAM ON		WNE
Wednesday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken roast														
Quorn roast				<b>~</b>			<b>√</b>							
Iced apple cake		<b>✓</b>		✓			✓						<b>~</b>	
Yoghurt							✓							
Fruit														
GF/DF:Ro ast chicken														
GF/DF:Spo nge cake				<b>√</b>										
Vegan:Her by banger													>	
Vegan:Cak e		<b>√</b>												

Jacket tuna mayo sweetcorn		✓	<b>✓</b>		<b>√</b>			
Roast potatoes								
Vegetables								
Tuna mayo for jackets		✓	<b>√</b>		<b>√</b>			
Yorkshire pudding	<b>√</b>	<b>√</b>		<b>√</b>				
Gravy								
Bread	<b>✓</b>							
Packed lunches	<b>√</b>			<b>√</b>			<b>√</b>	

Dishes						Lupin Flour	Milk		MUSTARD			MEAN		WNE
Thursday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts <sup>†</sup>	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Ground beef pasta		<b>✓</b>					✓		<b>✓</b>					
Tomato mozzarella pasta		✓					✓							

Croissant and fruity jam		<b>✓</b>	<b>✓</b>		<b>√</b>			✓	<b>√</b>
Yoghurt					<b>✓</b>				
Fruit									
GF/DF:Gro und beef pasta									
GF/DF:Pan cake and fruity jam									<b>√</b>
Vegan:To mato lentil pasta		<b>✓</b>							
Vegan:Pan cake and fruity jam									✓
Jacket and cheese					<b>✓</b>				
Garlic bread		<b>√</b>			<b>√</b>			✓	
Vegetables									
Salad	✓								
Fruity jam for croissants									<b>√</b>
Bread		✓							

Packed lunches		✓					✓					✓			
-------------------	--	---	--	--	--	--	---	--	--	--	--	---	--	--	--

Dishes						Jupin Flour	Milk		MUSTARD			WAM ON		WNE
Friday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts <sup>†</sup>	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Battered fish portion		<b>✓</b>			<b>✓</b>									
Cheese and tomato pizza		✓					✓							
Ice cream and fruit							✓							
Yoghurt							✓							
Fruit														
GF/DF:Batt ered fish					<b>√</b>									
Gf/DF:Ice lolly														
Vegan:Veg etable burger		<b>√</b>												
Vegan:Ice lolly														

Jacket and beans									
Fries									
Salad	<b>√</b>								
Beans									
Ketchup	✓								
Fruit for ice cream									
Bread		<b>✓</b>							
Packed lunches		<b>√</b>			<b>√</b>			<b>√</b>	

Review date: 25.02.2025 Reviewed by: J Honess

