Dishes and their allergen content

Week 4

Dishes					Do.	Lupin Flour	Milk		MUSTARD					San WNE
Monday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Sausage and bean casserole		√											✓	✓
Quorn sausage bean casserole		√											√	√
Chocolate cookie		√					~							
Yoghurt							✓							
Fruit														
GF/DF:Sau sage bean casserole														√
GF/DF:Ch ocolate cookie														
Vegan:Sau sage bean casserole		✓												√
Vegan:Cho colate cookie														

Jacket and cheese				✓				
Potatoes								
Vegetables								
Cheese for jackets				√				
Bread	√							
Packed lunches	√			√			✓	

Dishes						Lupin Flour	Milk		MUSTARD			MAM		Gas WNE
Tuesday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Mozzarella meatball melt	√	√		✓			✓		✓				√	√
Mozzarella no- meatball melt							√						√	
Sticky toffee pudding ice cream		✓		√			>						\	√

г т			1				1	1		
Yoghurt					✓					
Fruit										
GF/DF:No- Meatball melt									✓	
GF/DF:Frui t cookie										✓
Vegan:No- Meatball melt									√	
Vegan:Frui t cookie										✓
Jacket and beans										
Pasta		✓								
Salad	√									
Vegetables										
Beans for jackets										
Ice cream for pudding					√					
Toffee sauce for pudding					✓					
Bread		✓								

Packed lunches ✓	
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Dishes					D.	Jupin Flour	Milk		MUSTARD			WANT OF THE PARTY		NNE Soar
Wednesday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Roast ham														
Quorn sausage		√												
Belgian waffle and fruit		√		✓			✓						✓	
Yoghurt							✓							
Fruit														
GF/DF:Ro ast ham														
GF/DF:Pan cake and fruit														
Vegan:Sau sage		✓												
Vegan:Pan cake and fruit														

Jacket tuna mayo sweetcorn		✓	✓		√			
Roast potatoes								
Vegetables								
Tuna mayo for jackets		✓	√		~			
Yorkshire	✓	✓		✓				
Gravy								
Gluten free Yorkshire		✓						
Bread	~							
Packed lunches	✓			✓			√	

Dishes						upin Flour	Milk		MUSTARD			MAAM		Base WINE
Thursday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken sweetcorn pasta		√					✓		✓					

			1	1	1	1	1	1	1	1	1	
Macaroni cheese		✓					✓	√				
Chocolate apple crumble		√										
Yoghurt							✓					
Fruit												
GF/DF:Chi cken sweetcorn pasta												
GF/DF:Ch ocolate marble cake				√								
Vegan:Butt er bean s/corn pasta		√										✓
Vegan:Sor een		✓										
Jacket and cheese							✓					
Garlic bread		√					√				✓	
Salad	√											
Vegetables												

Squirty cream for crumble				✓				
Bread	✓							
Packed lunches	√			✓			√	

Dishes						Lupin	Milk		MUSTARD			THAM THE PARTY OF		Beer WNE
Friday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Fish fingers		✓			✓									
Salmon fish cake		✓			√									
Cheese and tomato pizza		√					√							
Ice cream and fruit							✓							
Yoghurt							√							
Fruit														
GF/DF:Ch eese and tomato pizza									√					

Gf/DF:Ice lolly									
Vegan:Che ese and tomato pizza						√			
Vegan:Ice lolly									
Jacket and beans									
Chips									
Salad	✓								
Beans									
Ketchup	√								
Bread		√							
Packed lunches		√			√			✓	

Review date: 25.02.2025 Reviewed by: J Honess

