Dishes and their allergen content

Week 3

Dishes					D.	Lupin Flour	Milk		MUSTARD					Case Wine
Monday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Sausage roll		√					√						√	√
Veggie sausage roll		√					√						✓	
Maple syrup flapjack		✓					✓							√
Yoghurt							✓							
Fruit														
GF/DF:Sau sage roll														✓
GF/DF:Frui t cookie														√
Vegan:Sau sage roll		√												
Vegan:Frui t cookie														✓
Jacket and cheese							✓							

Potatoes								
Baked beans								
Vegetables								
Cheese for jackets				√				
Bread	√							
Packed lunches	√			✓			√	

Dishes						Lupin Flour	Milk		MUSTARD			THE SAME		WAE
Tuesday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Mild Katsu chicken curry														
Vegetable burger in a bun		√										√		
Apple berry muffin		√		√			✓						~	
Yoghurt							✓							

Fruit									
GF/DF:Kat su chicken curry									
GF/DF:Ch ocolate brownie									
Vegan:Veg burger in a bun		√						√	
Vegan:Cho colate brownie									
Jacket and beans									
Rice									
Salad	✓								
Vegetables									
Beans for jackets									
Bun for veg burger		√						✓	
Bread		✓							
Packed lunches		√			√			✓	

Dishes					D.	Lupin Flour	Milk		MUSTARD			FIGURE 1		wine with
Wednesday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Sausage roast dinner		√											✓	√
Quorn roast				√			✓							
Chocolate marble cake		✓		✓			✓						✓	
Yoghurt							✓							
Fruit														
GF/DF:Sau sage roast														✓
GF/DF:Ch ocolate marble cake				√										
Vegan:Her by banger													<	
Vegan:Sor een		√												
Jacket tuna mayo sweetcorn				✓	✓				√					
Roast potatoes														

Vegetables								
Tuna mayo for jackets		√	√		√			
Yorkshire pudding	√	√		√				
Gravy								
Bread	√							
Packed lunches	~			√			√	

Dishes						Lupin Flour	Milk		MUSTARD			WAW O.		Baer WNE
Thursday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Bolognese with cheese sprinkle		√					✓							
Lentil bolognese bake		√					✓							
Scone and fruity jam		✓		✓			✓							✓
Yoghurt							✓							

Fruit										
GF/DF:Bol ognese pasta										
GF/DF:Pan cake fruity jam										√
Vegan:Len til bolognese pasta		√							~	
Vegan:Pan cake fruity jam										✓
Jacket and cheese					√					
Garlic bread		√			√				~	
Salad	✓									
Vegetables										
Fruity jam for scone										✓
Bread		√								
Packed lunches		√			√			✓		

Dishes						Lupin Flour	Milk		MUSTARD			Name of the state		See Wine
Friday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Hot dogs	✓	✓					✓		✓			✓		
Cheese and tomato pizza		√					√							
Ice cream and fruit							✓							
Yoghurt							~							
Fruit														
GF/DF:Hot dog				√										
GF/DF:Ice lolly														
Vegan:Veg an hot dog		√										✓		
Vegan:Ice lolly														
Jacket and beans														
Chips														

Salad	√								
Beans									
Rolls for hot dogs		√						✓	
Gluten free rolls			√						
Fruit for ice cream									
Ketchup	√								
Bread		√							
Packed lunches		✓			√			✓	

Review date: 25.02.2025 Reviewed by: J Honess

