## Dishes and their allergen content

## Week 2

Dishes						.upin Flour	Milk		MUSTARD			HAMM		Gast
Monday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts <sup>†</sup>	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Meatballs in gravy	<b>√</b>	<b>√</b>		<b>√</b>			<b>√</b>		<b>√</b>				<b>√</b>	✓
Veggie meatballs in gravy													<b>√</b>	
Jam doughnut		<b>✓</b>		✓			✓					✓	✓	
Yoghurt							✓							
Fruit														
GF/DF:No- meatballs in gravy													<b>√</b>	
GF/DF:Ch ocolate brownie														
Vegan:No- meatballs in gravy													<b>√</b>	
Vegan:Cho colate brownie														
Jacket and cheese							✓							

Potatoes								
Vegetables								
Cheese for jackets				✓				
Bread	<b>✓</b>							
Packed lunches	<b>✓</b>			<b>√</b>			✓	

Dishes					D.	Lupin Flour	Milk		MUSTARD					God WAE
Tuesday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken parmigiana pasta		✓					✓							
Tomato pasta melt		✓					<b>√</b>							
Lemon sponge		✓		<b>√</b>			<b>~</b>						✓	✓
Yoghurt							✓							
Fruit														

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GF/DF:Chi cken pasta													
GF/DF:Spo nge cake				<b>✓</b>									
Vegan:Butt er bean tom pasta		<b>√</b>											<b>√</b>
Vegan:Sor een		✓											
Jacket and beans													
Garlic bread		✓					<b>√</b>					<b>√</b>	
Salad	<b>√</b>												
Vegetables													
Beans for jackets													
Bread		✓											
Packed lunches		<b>√</b>					✓				✓		































Wednesday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts <sup>†</sup>	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Sausage roast		<b>√</b>											✓	✓
Quorn sausage roast		<b>✓</b>												
Choc-fruit cobbler ice cream		<b>√</b>		✓			✓						✓	
Yoghurt							✓							
Fruit														
GF/DF:Sau sage roast														<b>✓</b>
GF/DF:Frui t cookie														✓
Vegan:Veg an sausage		<b>✓</b>												
Vegan:Frui t cookie														✓
Jacket tuna mayo sweetcorn				✓	<b>√</b>				<b>✓</b>					
Roast potatoes														
Vegetables														

Tuna mayo for jackets		✓	✓		✓			
Yorkshire pudding	<b>√</b>	✓		<b>√</b>				
Gravy								
Gluten free Yorkshire		<b>√</b>						
Ice cream for cobbler				<b>√</b>				
Bread	<b>√</b>							
Packed lunches	<b>√</b>			<b>√</b>			✓	

Dishes						Jupin Flour	Milk		MUSTARD			ESSAW O		NNE Soar
Thursday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts <sup>†</sup>	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
BBQ chicken salad wrap		1												
BBQ veg nugget salad wrap		<b>√</b>												
Toffee apple cake		<b>✓</b>		<b>✓</b>			<b>√</b>						<b>~</b>	

Yoghurt					✓				
Fruit									
GF/DF:BB Q chicken and veg									
GF/DF:Ch ocolate cookie									
Vegan:BB Q veg nugget wrap		✓							
Vegan:Cho colate cookie									
Jacket and cheese					<b>√</b>				
Rice									
Salad	✓								
Vegetables									
Bread		✓							
Packed lunches		<b>√</b>			<b>√</b>			<b>√</b>	

Dishes						Lupin Flour	Milk		MUSTARD			FIGURE 1		WNE COOP
Friday	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts <sup>†</sup>	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Fishcake in a bun		<b>✓</b>			<b>✓</b>							✓		
Salmon fish cake in a bun		✓			<b>√</b>							<b>√</b>		
Cheese and tomato pizza		<b>√</b>					<b>√</b>							
Ice cream and fruit							<b>√</b>							
Yoghurt							<b>~</b>							
Fruit														
GF/DF:Ch eese and tomato pizza									<b>√</b>					
Gf/DF:Ice lolly														
Vegan:Che ese and tomato pizza									<b>√</b>					
Vegan:Ice lolly														

Jacket and beans									
Fries									
Salad	<b>√</b>								
Beans									
Fruit for ice cream									
Rolls for fishcakes/s almon fcakes		<b>√</b>						<b>√</b>	
Ketchup	<b>✓</b>								
Bread		<b>√</b>							
Packed lunches		<b>✓</b>			<b>√</b>			<b>✓</b>	

Review date: 25.02.2025 Reviewed by: J Honess

